

THE FORGOTTEN PROBLEM: THE PSYCHOLOGICAL SEQUELS OF TRAFFIC ACCIDENTS RESEARCH REVIEW

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***Abstract_** Traffic accidents constitute a major problem in the modern world. They are life-threatening events. The present review tries to present a brief evaluation of the scope of the problem, and their far reaching damaging effects. It's stressed that this problem is more chronic in the developing societies which makes the damaging effects worse. The present study treats traffic accidents as stressful-life events (independent variable) which threaten the individual sense of peace and security, and may result in the appearance of some symptoms of psychological disorders like Post Traumatic Stress Disorder (dependent variable). Duly, some of the psychotherapeutic strategies that were developed to tackle the damaging effects of traffic accidents are presented.*

***Key words:** traffic accidents, stressful life events, life-threatening events, Post Traumatic Stress Disorder (PTSD).*