

THE EFFECTIVENESS OF EDUCATIONAL AND TRAINING PROGRAM FOR THE DEVELOPMENT OF LIFE SKILLS FOR CHILDREN WITH DISABILITIES IN SAUDI ARABIA

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***Abstract_** This study aimed to measure the effect of a program based on play for developing social and life skills as participate skill, communicate and understanding skill, self-control, feeling happy skill and feeling shy reduction skill among children with disabilities. the study sample consisted of (15) children aged between four and six years and six of their teachers. And to achieve the study aims, the researcher built a measurement for social and life skills, and she built a guidance program using play for developing social and life skills for children with disabilities. The results indicated the effectiveness of the program in developing social skills, and also they indicated the effectiveness of the program based on play in developing life skills for children with disabilities. Accordingly. the study recommended to generalize the program to serve individuals with disabilities.*

***Keywords_** guidance program based on play, social and life skills, children with disabilities.*