

THINKING STYLES AND ITS RELATION TO THE HAPPINESS LEVEL IN A SAMPLE OF TAIF UNIVERSITY STUDENTS

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***ABSTRACT_** The study aimed at identifying the relation between thinking styles and feeling happiness in addition to identifying the favorite thinking styles for Taif university students, their happiness feeling level, differences in thinking styles and happiness for students according to the age , marital status and economic status variables. The study sample consisted of (288) students from the college of education in Taif university, whose age average is (23.7) years randomly selected. The researcher applied the two scales of thinking styles and oxford list for happiness. The study revealed main results including: the most famous and spread out thinking style is the statutory style in the university students. The students' level on the happiness scale is high. There is an evidence correlation between some thinking styles and happiness. The strongest correlation was with the conservative and anarchist styles. Also the differences according to the age variable are with no evidence in all styles except in the global style. The economic and social status differences have no evidence in all styles, and there are no differences according to age category, economic and social status on the happiness scale. In the light of the study results, the researcher provided some recommendations including introducing training and awareness courses for the staff members and students about thinking styles and how to discover it to benefit for the students hidden possibilities due to its relation with the mental happiness level.*