

THE SOCIAL SUPPORT AND ITS RELATIONSHIP WITH DEPRESSION, SELF-ESTEEM AND SOME FACTORS AMONG DIVORCED WOMEN

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ABSTRACT_ *This study aimed to realize the importance of psychological and social support, needed by divorced woman in order to overcome the negative psychological effects of the divorce, and difficulties impeding the interaction with the society, as well as for the emergence of some of the problems and mental disorders such as depression and low self-esteem. The Study also addressed the relationship between depression and self-esteem with some other factors, namely age, work, the children, and the time period after the divorce. To achieve the study objectives, descriptive analytical approach and statistical analysis was applied to a random sample consist of (500) divorced woman, from Riyadh city, ages ranged between (15-50 years). A form of raw data as well as social support measure (was prepared by the researcher), and Beck measure of depression (1961), and Hudson scale of self-esteem (1994) are used. The most importance results of the study are: there is inverse correlation statistically significant between social support and depression among divorced women, and there is direct positive correlation statistically significant differences between social support and self-esteem among divorced women. In light of the findings the study postulated a number of recommendation: apply of religious programs to alleviate the psychological disorders suffered by divorced women, and establishment of special centers to support them and enhance their role in the society.*

KEY WORDS: *Social Support, Depression, Self-esteem.*