

SELF-ESTEEM AND ITS RELATIONSHIP WITH SOME VARIABLES AMONG THE DEPARTMENT OF PHYSICAL EDUCATION STUDENTS AT THE UNIVERSITY OF UMM AL-QURA

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***ABSTRACT_** The study aimed to identify the level of self-esteem in students of physical education Department in Umm Al-Qura University, and the relationship of the level of self-esteem and there GPA, as well as the relationship of self-esteem and the three specialties areas (teaching-training-management).*

The Rosenberg self-esteem scale has been applied to all physical education students who have completed all requirements for the fourth and last school year in the three disciplines, after data collection and statistical analysis, the results indicated a high level of self-esteem of students in general, students of high GPA are more appreciative of self-esteem, and self-esteem was high among students majoring in teaching, then training, then management respectively.

Based on those results, the researcher Proposed (20) different activities for the development of self-esteem, then the final recommendations.

Key Words: *Self-esteem, students of Physical Education, academic achievement.*