

THE EXTENT POSSESS TO THE SKILLS OF TIME MANAGEMENT FOR HIGH SCHOOL STUDENTS IN SAUDI ARABIA

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***Abstract_** The present study aimed to identifying the degree of time management skills for high school students in the city of Abha, and if there were statistically significant differences in the degree of the skills of time management due to the variables (grade, gender and academic achievement). The study sample consisted of 243 secondary school students, (132 males and 111 females) sample has been selected by simple random way. To achieve the objectives of the study, the researcher built a questionnaire to measure the time management skills, finalized consisted of two parts: the first contains demographic information, while the second section was contained (48) items measure the time management skills, using a five-Likert scale. The results indicated that the averages of the study sample response ranged between (2.58 to 3.49), all of which occurred within the average estimate, The results showed statistically significant due to the variable gender differences favor of females. The results showed no statistically significant differences depending on the grade variable for the benefit of third grade secondary students, but with respect to a variable and academic achievement, the results showed a statistically significant differences in the level of possession time management skills for the benefit of students with achievement differences (excellent) compared to the rest of the levels, Finally, the researcher presented a set of recommendations.*

***Key word:** of time management skills, high school students.*