

SELF COMPASSION AND GUILT AMONG JUVENILE DELINQUENTS BEING HELD IN SOCIAL OBSERVATION CENTER IN ABHA

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ABSTRACT_ *The study aimed to determine the level of self-compassion and guilt in adolescents delinquent being held in social observation center in Abha city, and whether there was a difference in the level of self-compassion and feelings of guilt because of the difference in some demographic variables among juvenile delinquents. It also aimed to find out the possibility of a statistically significant correlation between self-compassion and guilt, and see whether the self-compassion dimensions contribute to the prediction of guilt. The study sample consisted of all members of the social observation center in Abha (53) member, in the second semester of the academic year 1436-1437. The results showed a low level of self –compassion and a high level of guilt among juvenile delinquents being held in social observation center in Abha city. The results also showed a significant correlation between guilt and dimensions of self- compassion. The results did not show a statistically significant differences between respondents in the level of guilt or self- compassion related to some demographic variables. The results also showed that self-compassion dimensions in particular contribute to the prediction of guilt among Juvenile delinquents being held in social observation center in Abha city.*

KEY WORDS: *Self-Compassion , Guilt, Juvenile delinquents.*