

OPTIMISM AND ITS RELATIONSHIP TO PSYCHOLOGICAL PRESSURES TO THE COUNSELORS TLABEYEN SECONDARY SCHOOLS IN HAIL, SAUDI ARABIA

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ABSTRACT_ the goal of research is to study the relationship between optimism and psychological stress among workers Tlabeyen high school in Hail, detect differences in optimism among workers Tlabeyen in Hail depending on variables Academic Qualifications and years of experience to guide the student and type, and the study of differences in psychological stress among workers Tlabeyen depending on the variables of academic qualifications and years of experience to guide the student and type, and to achieve the research objectives dish researchers optimism built-in scale in the Arab list for optimism and pessimism prepared by Abdul Khaliq [1] and gauge pressure Psychological prepared Trere [2], the component of a sample of 200 teachers who are engaged in the function of the student advisor secondary schools in Hail, and the most important findings of the research, the lack of a statistically significant correlation between optimism and psychological stress among workers Tlabeyen stage secondary in Hail, and the lack of statistically significant differences in psychological stress among workers Tlabeyen in Hail differences due to the Academic Qualifications difference quotient by the student advisor or type, and the presence of statistically significant differences in psychological stress among workers Tlabeyen in Hail differences due to the difference in years of experience to guide student and the lack of statistically significant differences in optimism among workers in Tlabeyen Hail differences due to the difference in the academic qualification by winning the student advisor or type, and the presence of statistically significant differences in optimism among workers in Hail Tlabeyen due to the type variable differences.