

THE RELATIVE CONTRIBUTION OF THE COGNITIVE FLEXIBILITY IN PREDICTING OF THE SOCIAL AND ACADEMIC ADJUSTMENT OF FOREIGN STUDENTS AT KING SAUD UNIVERSITY

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***ABSTRACT_** This study aimed to identify the relationship between cognitive flexibility and social. academic adjustment. It also aimed to reveal the relative degree of the cognitive flexibility contribution in the prediction of social academic adjustment with foreign students at King Saud University. the study sample consisted of (68) foreign students. cognitive flexibility scale, social adjustment scale , and academic adjustment scale (all designed by the researcher) were applied on the study sample. Simple regression analysis was utilized as well as the statistical analysis of Data by Pearson correlation coefficient. the study concluded the following results: The existence of a positive statistically significant correlation between cognitive flexibility and social adjustment among foreign students at King Saud University. The existence of a positive linear relationship between cognitive flexibility and social adjustment. Cognitive flexibility explained more than (38%) of the foreign students' social adjustment. The existence of a positive statistically significant correlation between cognitive flexibility and academic adjustment among foreign students at King Saud University. The existence of a positive linear relationship between academic adjustment and cognitive flexibility. The cognitive flexibility explained (28%) of the academic adjustment among foreign students.*

***KEY WORDS:** General Adjustment, Social Environment, Motivation.*