



# THE EFFICIENCY OF A PSYCHODRAMA PROGRAM TO REDUCE THE SEVERE BEHAVIOR PROBLEMS OF MIDDLE SCHOOL STUDENTS

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**ABSTRACT\_** *The study assesses to identify the effectiveness of the proposed program based on psychodrama to reduce the severe behavior problems of middle school students. The study sample consisted of (20) female students in middle school, whose ages were between (12-15) years old. According to their scores on the behavior problems scale, the sample of (20) female students was randomly divided equally into two groups, the experimental group and the control group. In order to achieve the aims of the study, a program based on the psychodrama was constructed by the researcher who also prepared the behavior problems scale for use in pre- and post-evaluation after verifying its sincerity and stability. The tools were applied to the sample during the second semester of the scholastic year 2015-2016. In this context, the results of the study indicated that there were statistically significant differences at the level of significance ( $\alpha=0.05$ ) between the performance of students with behavioral problems who were subjected to the proposed program (experimental group), and the control group that wasn't subjected to it. The results also indicated that there was statistically significant effect on performance of the post-behavior problems scale and sequencing. There was also an improvement in the experimental group after the implementation of the program compared to their results before the implementation of the program. In the light of these results, the researcher recommends further studies on using the psychodrama with students of different age ranges and different education grade ranges according to their abilities and readiness.*

**KEYWORDS:** *Program, Psychodrama, Behavioral Problems, Middle School Students.*

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